

Dear guest!

Welcome to the chain of best resorts of the Medical Center of the Office of the President of the Republic of Kazakhstan. In June of 2017, the "Okzhetypes" chain of resorts was joined by "Okzhetypes" health resort located in Burabay resort area, "Almaty Resort" in the city of Almaty, which has been renamed into "Okzhetypes of Almaty", and "Kazakhstan" resort in the resort city of Essentuki, the Russian Federation.

Each resort is situated in a beautiful area with gorgeous nature and it has been providing health and recreation services for a long time. We are pleased to introduce to you each one of these places in this brochure!

"OKZHETPES", BURABAY

020000, Republic of Kazakhstan, Akmola region, Burabay district, Burabay

Tel: +7 (716 36) 78-101

+7 702 059 20 20

Booking: bron@okzhetypes-esk.kz

Website: okzhetypes-burabay.kz

Instagram: [@okzhetypes.borovoe](https://www.instagram.com/okzhetypes.borovoe)

"OKZHETPES", ALMATY

020000, Republic of Kazakhstan, Almaty, Kargaly area, 1/5

Tel: +7 727 300 34 00

+7 727 300 35 35

Booking: almaty.reception.kz@yandex.ru

Website: almatyresort.kz

Instagram: [@okzhetypes.almaty](https://www.instagram.com/okzhetypes.almaty)

"KAZAKHSTAN", ESSENTUKI

357600, Russia, Yessentuki, Pyatigorskaya Street, 44

Tel: +7 (87934) 48 505; 48 506

Booking: bron@kazakhstan-kmv.ru

Website: kazakhstan-kmv.ru

Instagram: [@sankazakhstan](https://www.instagram.com/sankazakhstan)

“OKZHETPES”, BURABAY



“Okzhetpes” medical-health resort is one of the top-ranked health resorts of Kazakhstan for all-year-round treatment and family recreation. It is located in the very heart of the pearl of Kazakhstan, Burabay, on the shore of a picturesque Lake Auliekol amid the most famous natural landmarks of the resort - Kokshetau Mountain, Okzhetpes and Jumbaktas Cliffs. Just steps away from the pine forest there is a meadow called Abylaykhana - a place with unique microclimate.

The main goal of “Okzhetpes” medical-health resort is to provide medical and therapeutic services intended for strengthening and preserving health.

Every guest will receive necessary treatment and find relaxation, plunge into a caring and comfortable atmosphere created by Kazakhstan’s best healthcare professionals working in “Okzhetpes” resort.

TYPES OF ROOMS

The hotel of "Okzhetyes" medical-health resort stands out for its cozy interior where every little detail was designed with impeccable luxury to leave a lasting impression and pleasant memories. The rooms of the hotel offer gorgeous panoramic views of nature.

Guests can choose from 121 rooms of various categories - from comfortable standard single rooms to four-room presidential suites.



THE MEDICAL CENTER

In treatment and rehabilitation center of "Okzhetyes" health resort, office visit, examination and treatment are provided by highly-trained professionals. The package of medical services is selected individually for every guest, which allows for effective treatment. The center is equipped with state-of-the-art equipment and laboratory station for diagnosis of illnesses.

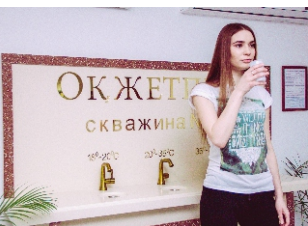
"Okzhetyes" medical-health resort offers a range of health treatment and wellness procedures:

- mud treatment
- balneotherapy
- salt room for adults and children
- pantotherapy
- kumis therapy
- phyto therapy
- hydro therapy
- lymphatic drainage
- andro-gin
- ozokerite therapy
- room of psychological help
- massages

THE MEDICAL CENTER

One of the specialties of “Okzhetpes” treatment and rehabilitation center is radon water spring. It is the only spring with fresh drinking water in the entire region. There are only 500 of such springs in the world. Radon is used to stimulate protective-adaptive reactions of the body; it increases life span and body’s resistance to various diseases, including cancer. The properties of radon water are proved to normalize pressure, improve performance of the cardiovascular system and eliminate effects of atherosclerosis.

BURABAY



SPA

Ladies staying in “Okzhetpes” medical-health resort will enjoy our beauty services:

- Spa-salon
- Cosmetology salon
- Peeling
- Massage
- Manicure
- Hair care



RECREATION AND ENTERTAINMENT



“Okzhetpes” medical-health resort pays a lot of attention to the concept of physical exercise. The territory of “Okzhetpes” is filled with terrenkurs located along the shore and when you take a stroll, you can contemplate the stunning views of nature, flora and fauna of Burabay National Park. There is a remarkable sports-and-health complex that consists of:

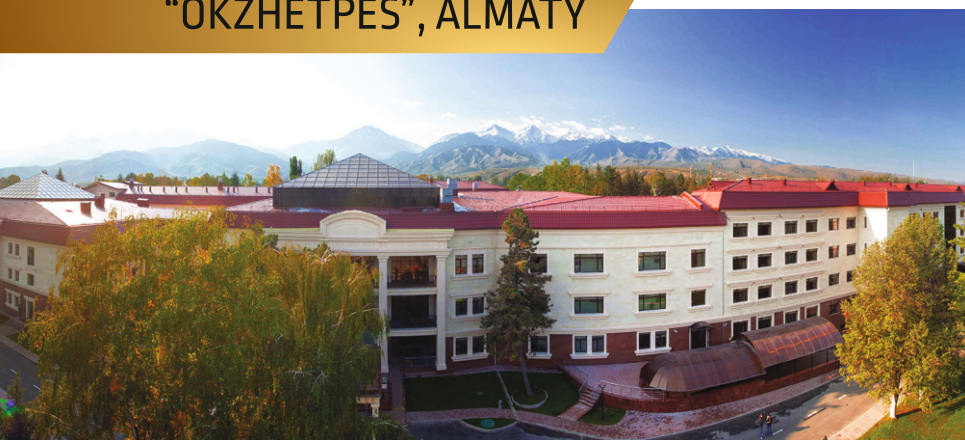
- ● Swimming-pool 25x12x1,7m
- ● Fitness-room
- ● Four Finnish saunas
- ● Infrared sauna
- ● Turkish bath
- ● Gym

There is also a Play room for children to match any taste: they will enjoy a huge variety of games and professional animation team will entertain them with interesting developing activities. In summer time they set up a playground for your little ones on the territory of the resort surrounded by a beautiful pine forest.

Apart from that, Kazakhstan’s most popular celebrities give concerts in “Okzhetpes” medical-health resort. There are evenings of music, cosmetology workshops, a rich library and a special hall for playing billiards.



“OKZHETPES”, ALMATY



“Okzhetpes”, Almaty” health resort is situated at the foot of Zailisky Alatau on a large territory with wooded areas and rich vegetation. What distinguishes us is the well of mineral hyper thermal water, a representative of therapeutic low-mineralization table alkaline chloride calcium-sodium water that contains a healthy, preventive concentration of natural iodine and silicic acid. Apart from that, the resort represents a modern, unique therapeutic center equipped with state-of-the-art medical equipment that adheres to the world standards.

The main profile of the resort is cardiologic and neurologic rehabilitation, treatment of musculoskeletal function of the body, full laboratory testing and instrumental studies. Thanks to professional approach and extensive, top-notch training of the medical personnel who love what they do, this particular therapeutic aspect has won utmost trust of our guests.

Today, “Okzhetpes” Almaty” health resort is a year-round wellness center: it has become a favorite place for recreation and health treatment for many families that love to receive services of the highest standard and appreciate authentic Eastern hospitality.

TYPES OF ROOMS

“Okzhetpes”, Almaty” health resort corresponds to 5 stars, with 135 rooms from double standard to four-room VIP suites.

A luxurious design was created with the help of the elegant Italian furniture; rooms have all the amenities for recreation and business. The majority of rooms overlook a magnificent mountain of Zailiysky Alatau.



THE MEDICAL CENTER

“Okzhetpes”, Almaty” health resort offers effective rehabilitation and therapeutic programs that meet individual requirements and medical indications of every patient.

Our diagnostic center offers such procedures as endoscopy, ultrasound testing and functional diagnostics. Additionally, in order to obtain a complete patient history, we use laboratory studies (EIA, PCR, overall clinical testing).

The specialty of the resort is rehabilitation of patients with cardiovascular pathology, but we also provide rehabilitation treatment and medical rehabilitation of patients that experience problems with digestive, respiratory, urinary and reproductive, nervous, musculoskeletal system, illnesses of endocrine system, problems with metabolic processes and more.

Our center takes pride in plastic surgery performed here. Plastic surgery is intended to remove visible signs of aging, congenital imperfections, making corrections to face and body. People become happier and feel more confident thanks to this field of medicine.



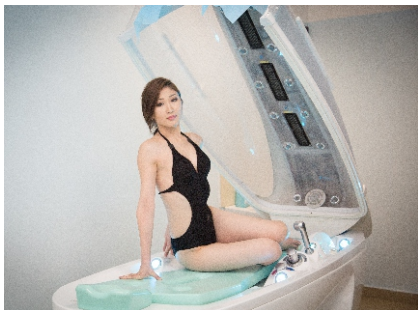
SPA

Beauty and wellness center "Benesso Spa" located at "Okzhetpes" Almaty" resort has developed a unique, innovative weight loss program for its patients.

The program includes intensive training with Hypoxi vacuum exercise equipment, spa procedures, water procedures, and proper nutrition. The duration of the program is between 10 and 21 days.

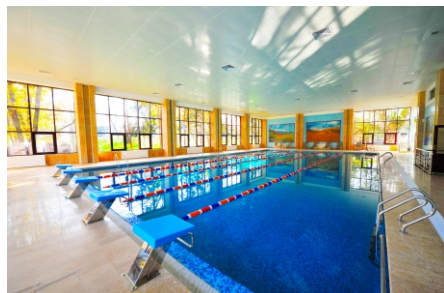
After going through all the recommended procedures within such a short period of time, our guests receive visible results: ladies are able to put on their favorite dresses, prepare for the holiday or simply make oneself feel great with the results. They feel recharged, full of energy and self-confidence.

"Harmony" spa salon is equipped with modern equipment from leading manufacturing countries. To list a few: cedar barrel, hydro massage capsule, oxygen capsule, vertical tanning bed; there is also a Finnish sauna and massage of all areas of the body. Each of these procedures will make your body look amazing, your skin - young and elastic, and you - healthy, needless to say that it brings overall pleasure to your stay.



RECREATION AND ENTERTAINMENT

Our guests staying with children are very excited about swimming for newborns in “Okzhetpes”, Almaty”. When newborns attend swimming classes, their body develops and gets stronger much faster; from the very first minute of swimming the muscle tone and blood circulation improve, not to mention a better mood and sleeping habits.



The pride of “Okzhetpes Almaty” is its swimming pools (summer pool and sports pool) with the cleanest water in the entire city of Almaty. In the sports complex there are gyms, a section for children, synchronized swimming for children, yoga, Pilates, calanetics, fitness, yoga for pregnant women, postpartum recovery programs, aqua aerobics, aqua aerobics for pregnant women, SPA services, tennis (4 tennis courts), beach volleyball, a sports ground for soccer, basketball and volleyball.

Speaking about entertainment for guests: there is karaoke, a library, a large movie-theater, animators for children, a coffee bar, billiards, table tennis and discotheques. We often arrange concerts with participation of Kazakhstan’s pop stars and organize family parties at the summer pool.



“KAZAKHSTAN”, ESSENTUKI



Recreation and health improvement in “Kazakhstan” resort combines high standard of living, services and modern medical treatment methods in the resorts of Mineralnye Vody of Caucasus.

The health resort is a part of the Medical Center of the Office of the President of the Republic of Kazakhstan, and it is located in a very picturesque place with a special climate and its name is Essentuki. It is the largest and the most popular balneological and mud resort of Russia, part of the group of Caucasian Mineralnye Vody. You probably know that “Essentuki” mineral water has a unique taste, and its medicinal properties have no analogues in the world. This water helps to treat liver and stomach problems, Gout, Diabetes, etc.

We offer effective rehabilitation and health treatment packages and we take into consideration individual requirements and medical indications of each patient.

Modern premium-category foreign medical equipment allows for running diagnostic tests and performing treatment in accordance with the world standards. Health of every guest is in good hands of highly-trained medical personnel that have years of experience in health and wellness. We will tell you more about it later.

TYPES OF ROOMS

Comfort is very important for mental balance, and harmony within us directly affects our health. That is why all our resorts were designed with special attention to the interior furnishing and comfort of the guests.

In “Kazakhstan” resort the interior represents a timeless classic style: the rooms and hallways are finished in warm, calm colors.

The hotel offers 111 cozy rooms of various types, from standard single rooms to four-room presidential suites equipped with everything you need for a comfortable stay. The rooms offer a wonderful view of a stunning landscape of the resort, which is abundant with man-made gardens and shaded walkways, fountains and different kinds of plants. The peace and quiet of the resort-town creates a great environment for treatment and recreation.



THE MEDICAL CENTER

“Kazakhstan” is a multi-specialty resort. It treats almost all diseases of stomach and liver; problems with metabolism, female reproductive system, and nervous system. Individual approach to treatment is what distinguishes medical and wellness services that we provide.

The resort specializes in treatment of the following:

- gastrointestinal tract;
- endocrine system;
- cardiovascular system;
- urology diseases;
- gynecological diseases;
- peripheral nervous system;
- musculoskeletal system;
- respiratory system.

To have a full picture of patient's condition, a series of tests and studies are performed:

- lab studies: clinical, biochemical, EIA diagnostics;
- ultrasound scanning of all organs and systems;
- cardi diagnostics (ECG, holter monitoring, brain and limb dopplerography, rheo vasography of blood vessels);
- endoscopic testing (RRS, FGDS, colonoscopy, colposcopy, urofluometry);
- consultations with specialty doctors.

We use a wide range of methods of treatment and rehabilitation: group and individual physical therapy, balneotherapy, mud therapy, hirudotherapy, procedures for intestinal issues, salt therapy, ozone therapy, inhalation therapy, water therapy, physiotherapy, gynecological and urological lavage, face, gum, head lavage, classic massage, psychotherapy and naturotherapy.

The main specialty of the resort is mud therapy and balneological procedures. For example, carbon dioxide dry baths improve blood circulation, microcirculation in tissues and regulate immune system processes.



СПА

Ladies will find their favourite treat at the resort: a swimming pool and a beauty salon.

What can charge you with positive emotions and improve your mood better than swimming in a round pool with a dome roof and clear glass walls, with plenty of light and nature all around? You don't even need to leave the pool to enjoy the stunning views!

But the pool area is used not just for swimming. There is a cascade shower, hydro-massage tub and an ascending shower, which help diversify the usual swimming routine and increase the workout of your body. There is an infrared sauna used for recreational purposes.

In cosmetology room, you can consult an experienced cosmetologist, get useful recommendations and receive professional skin care services.



RECREATION AND ENTERTAINMENT

The five-storey building of the resort is attached to the treatment and diagnostic testing center by means of passages that remain warm all year long. The therapeutic and the main building are surrounded by a park with a fountain, gazebos and walkways of the terrenkur.

We offer our guests the following services:

- indoor swimming pool
- summer sports grounds and a gym
- tennis court
- billiards
- cinema / conference room
- dance hall
- cosmetology services
- hair salon
- children's playroom and playground
- library
- lobby bar
- wireless Internet (Wi-Fi);
- transfer
- parking lot with security
- tour booth
- sports equipment and bicycles rental



In addition, there are additional services that we provide to our guests, for example: "alarm clock", taxi, laundry services, ATM machine on premises, and we also accept payments by credit card.